

Samsung TVs | Easy | 2 min read

Samsung TV keeps turning itself off or restarting

Please note: independent guidance. Vision Tech is not affiliated with the maker. Menus differ between models and software versions, so check the manual or on-screen help.

If your Samsung TV switches off on its own, or restarts and shows the Samsung logo again, there is often a simple setting or connection causing it.

Check the sleep and power settings

Some settings are designed to switch the TV off to save energy.

- Look in **Settings** for an **Auto Power Off** or **Sleep Timer** option. The exact location differs between models and years, so if you cannot find it, search the **Settings** menu for the word "power" or check the e-Manual on the TV.
- Check the **Sleep Timer** is not set to a short time.
- Some TVs have an energy saving feature that dims or switches off after a period with no remote presses. Turn it down or off if it is annoying you.

Connected devices can cause it

HDMI devices such as soundbars, set-top boxes and games consoles can send power signals to the TV. This feature is often called Anynet+ (HDMI-CEC). If the TV turns off when you switch off a connected device, look for **Anynet+ (HDMI-CEC)** in the **Settings** menu and try turning it off. Menu names can vary, so use the Settings search if you cannot find it.

Try unplugging all HDMI cables and USB sticks except the aerial. If the problem stops, plug them back one at a time to find the culprit.

Update the software

1. Press **Home** on the remote and go to **Settings**.
2. Choose **Support**, then **Software Update**, then **Update Now**.

Samsung lists this as the standard way to update. On older models the wording may differ.

Try a power reset

Unplug the TV from the wall for at least one minute, then plug it back in. This clears many temporary glitches.

When to get more help

If the TV keeps restarting even with everything unplugged and the software up to date, it may have a hardware fault. Note how often it happens and whether the red light blinks, then speak to the shop or Samsung about warranty. Vision Tech can help you gather the details and decide the next step.

Still stuck? Email admin@visiontech336.com and tell us what you can see on the screen. Menus and button names can differ slightly between versions and makes. If something does not match, stop and ask rather than guess. Please never send passwords or card details.