

Samsung Galaxy phones & tablets | Easy | 2 min read

Samsung phone slow or storage full: using Device Care to speed it up

Please note: independent guidance. Vision Tech is not affiliated with the maker. Menus differ between models and software versions, so check the manual or on-screen help.

Phones slow down when storage is nearly full or when too many apps run in the background. Samsung's built-in Device Care tool helps you find the cause safely.

Run a quick check

1. Open **Settings**.
2. Tap **Battery and device care** (in One UI 7 this may be called **Device care**).
3. Tap **Optimise now** if it is offered. The phone will tidy memory and background apps.

Free up storage

1. In the same area, tap **Storage**.
2. The phone shows what is using space: images, videos, apps and more.
3. Tap **Clean now** or **Clean up** if shown. It suggests junk files, duplicate files and large files.
4. Look through the suggestions yourself before confirming. Do not delete photos or videos you have not backed up.

Tip: Open the **Gallery** and empty the **Recycle bin**, because deleted photos are kept for a time and still use space. Also check **My Files** and the **Downloads** folder.

Other quick wins

- Restart the phone. This clears many slowdowns and is worth doing weekly.
- Uninstall apps you never use. Press and hold the app icon and choose **Uninstall**.
- Check for a software update in **Settings** then **Software update**.
- Try to keep at least a fifth of storage free.
- Cut down moving wallpapers and animated widgets on the home screen.

Take care

Do not install "cleaner" or "booster" apps from adverts. They usually do little, and some are harmful. Device Care is already built in.

Menu names differ between One UI 5, 6 and 7, and between models. Use the search box at the top of **Settings** if you cannot see something.

When to get more help

If your phone is still slow after clearing space, restarting and updating, or storage will not free up, ask for help. An old phone with failing storage may need replacing, and we can advise.

Still stuck? Email admin@visiontech336.com and tell us what you can see on the screen. Menus and button names can differ slightly between versions and makes. If something does not match, stop and ask rather than guess. Please never send passwords or card details.