

LG, Sony, Sky, Virgin & other TVs | Easy | 1 min read

Panasonic TV: basics for input, sound, picture and updates

Please note: independent guidance. Vision Tech is not affiliated with the maker. Menus differ between models and software versions, so check the manual or on-screen help.

Panasonic TVs come in several types. Some use Fire TV or Android TV, others use Panasonic's own My Home Screen system. Menus differ by model and year, so look for similar words if yours is not an exact match.

Changing input

Press the **Input** (or **Input Select**) button on the remote and choose the HDMI socket your device uses. If you cannot see the picture, check that the box is switched on.

No sound

- Press **Volume up** and make sure mute is off.
- Press **Menu**, then find the **Sound** section. Check **Speaker** settings and that sound is not set to go to an external system.
- If a soundbar is plugged into an HDMI socket marked **ARC**, check the TV is set to use it.

Picture looks wrong

Press **Menu**, then **Picture**, and try a mode such as **Normal** or **Cinema**. Our picture mode guide explains each one.

Freeview and retuning

Open **Menu**, then look for **Setup** or **Tuning**, then **Auto Tuning**. Many Panasonic sets also offer a **Rescan** or **Update Channel List** option. Save any new channels at the end.

Software updates

Look in the **Setup** or **System** area for **System Update** or **Software Update**. The TV needs to be online.

Remote not working

Replace the batteries and point it straight at the front of the TV. If you have a Bluetooth remote, the manual shows how to pair it.

Restart

Unplug the TV for one minute and plug it back in.

When to get more help

Get help if the TV shows no picture on any input, restarts constantly, or an update fails. Avoid choosing a factory reset unless you have noted down your passwords, as it erases your settings and apps.

Still stuck? Email admin@visiontech336.com and tell us what you can see on the screen. Menus and button names can differ slightly between versions and makes. If something does not match, stop and ask rather than guess. Please never send passwords or card details.